"Focus on problems, you'll

have more problems.

When you

focus on possibilities, you'll

have more opportunities".

Castlemilk High School

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Castlemilk High School

School Inclusion Meeting



## What is the School Inclusion Meeting (SIM)?

The SIM is part of the support framework within Castlemilk High School Depute Head teachers, Pupil Support and Faculty Heads of Department can refer a young person to a SIM if they have concerns about wellbeing, learning, health or behaviour.

Meetings take place once a month. It is a shared discussion between the Pupil Support Team. Parents/carers, children and young people should already be involved in support discussions in school and you will be informed of the intention to discuss concerns at the SIM. Parent/carer and child/young person views will be sought as part of this process and any recommendations made at the meeting will be discussed with you afterwards.

In Castlemilk HS we follow a solution oriented approach when discussing children and young people at the JST.

## A Solution Oriented Approach

A solution oriented approach is different to traditional helping methods in that it focuses on the present and the future, on the person's goals and how to achieve them. It takes as its focus what works rather than what is going wrong and we will be working together to discuss small changes that can be made to the child's life and recognise that these small changes can lead to bigger positive changes.



## The meeting itself

The meeting is structured so that more time can be spent on generating solutions rather than discussing the problem in detail.

- The current concerns are discussed briefly
- Individual strengths, talents and what is currently going well for this child are discussed.
- Clear goals are set both short and long term
- An action plan is developed including who will do what and when which may result in a referral to the LC-JST.
- A date to review progress is set
- A member of the Pupil Support Team will feedback all of the above to you.

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